

OCTOBER 2019

Bullying Prevention Month

What is Bullying?

Bullying is aggressive behavior that is intentional and involves an imbalance of power or strength. Bullying can take many forms, such as hitting, kicking, threatening others, teasing, name-calling, excluding from a group, or sending mean notes or e-mails.

What is Cyberbullying?

The use of electronic communication to bully a person, typically by sending message of an intimidating or threatening nature

What should you do if you are being bullied?

Tell a trusted adult

If you see someone being bullied?

Tell a trusted adult



Stand against Bullying

Sign the Pledge
Thursday Oct. 10th
During Lunch

Prevent Bullying, Promote Kindness

Students, Parents, and Families, please feel free to contact us by email or phone with any questions.

Programs and Events

Rochester Children's Scholarship Fund

Grade 9

Scholarship opportunity for qualified students, required GPA and income to qualify.

Visit www.rcsf.info for additional information.

Bereavement Support Group

Grade 7-9

8 Week support group through Center for Compassion and Healing.

Monday Evenings Starting October 7th.

Contact Adrienne Daniels at 585-214-1414 to register.

Pathstone Mentoring Program

Ages 14-17

A program to assist youth with grades, attendance, life skills, planning for life after high school, learning how to live a healthy lifestyle and much more.

For more information contact: Katie Malik, Mentor Coordinator at kmalik@pathstone.org or 585-340-3718 or visit the office located at 15 Prince Street

S.W.A.T (Spreading Wellness Around Town)

Ages 14 and up

SWAT is a youth council that meets each week with community leaders, and other professionals to talk about topics and issues that youth care about. SWAT is a way for youth voices to be included, and heard.

Contact Ms. Bianca Logan at (585) 753-2638 for more information.

Academic Assistance and Tutoring

Urban League Afterschool Academy

Grades 7-9

Academic program focused on preparing students for college, work, and life.

For more information call (585) 325-6530 ext. 3049

information at www.sotarochester.org

Boys & Girls Club

Grades 7-9

Afterschool program focusing on Homework Help, Sports, Arts.

Email cwatson@bgcrochester.org or call 585-328-3077 for more information